

Auctions

Bracelet, Esta Lippman, Lois Herman, \$29; Reversible Vest, Betty Wilcox, Jane Lu Meldahl, \$10; Table Runner (Reversible), 6 Placemats & 12 Napkins, Betty Wilcox, Lois Raabe, \$25; Hymnal Angel, Mary Guerrero, Elfe Thomas, \$35; 3 Gallons Blue Bell Ice Cream, Dairy Delite, Rhonda Bridges, Becky Anderson, \$30;

Cheese Roll, Georgia Dierschke, Randall Spalinger, \$25; Homemade Strudel, Danette Cantu, Roseanne Harrison, \$25; Porcelain Pitcher, Ida Causey, Josie Ibhay, \$28; Wagon, Evelyn Thomas, Josie Ibhay, \$70; 14-Piece Pack w/2 Sides, Gerri's Fried Chicken, Korey Janow, \$8; Gift Certificate, Simple Simon's Pizza, Rosa Whitfield, \$15; Decorated Crow Centerpiece, Patty Holloway, Jane Lu Meldahl, \$10; 2 Pans Kolaches (6 each), Martin Herman, Roseanne Harrison, \$27; Hair Products, Tressie's, Donna Gertson, Evelyn Thomas, \$20; Large Crystal Vase, Fair Wells, Lisa Rose, \$20; Large Crystal Candy Dish, Fair Wells, Josie Ibhay, \$14.

5 Books on Tape, Rollin Baker, Russell Thomas, \$30; Basket of Grandma Reese's Oatmeal Raisin Cookies, TZ's Catering, Wendy Herman, Roseanne Harrison, \$22; Fruit Basket, B&B Food, Tallon Canaris, \$10; Fruit Basket, B&B Food, Tallon Canaris, \$10; 5 Books on Tape, Rollin Baker, Dwight Hadley, \$15; 2 Pans Kolaches (6 each), Martin Herman, Vance Duncan, \$25.

Nine Depression Glass Sherberts, Betty & Bob Wilcox, Mary Lou Anderson, \$22; Unique Rain Gauge, Ruth Ann & Clifton Marshall, Heidi Mills, \$33; Rice Basket, Eagle Lake Rice Dryer, Josie Ibhay, \$20; Fall Swag, Furniture Shoppe, Melvin & Darrell Stancik, Betty Lang, \$18; Mick Shepherd Hood, Wildseed Farms, John Thomas, Sandy Thomson, \$40.

Cinderella Collector's Doll, Bernice Bornstein, Mary Lou Anderson, \$30; Small Lighted "Village" Building, Grace Dell Cooper, Rosa Whitfield, \$15; Large Lenox Platter, Meredith Nethery, Bobbe Guerra, \$85; Fall Check Up, EB Air Conditioning, East Bernard, Kate Spalinger, \$27; Fall & Spring Check Up, Cannell Air Conditioning, Sandy Thomson, \$20.

Fall & Spring Check Up, Cannell Air Conditioning, Julia Lawhon, \$15; 2 Pans Kolaches (6 each), Martin Herman, Roseanne Harrison, \$22; Silk Flower Arrangement, Laura & John Myres, Rosa Whitfield, \$30; Silk Flower Arrangement, Laura & John Myres, Robin Thomas, \$25; \$25 Gift Certificate, Carol's at Cat Spring, Robert Wilcox, \$30.

Winchester Clock, Johnny's Sport

Shop, Michael Grigar, Josie Ibhay, \$35; 4 books on Tape, Rollin Baker, Steve Whitfield, \$15; Artificial Fruit Arrangement, CK's Gift Shop, Betty Lang, \$30; Arrowhead Plant in White Basket, Robert Wilcox, Kate Spalinger, \$10; Rose Clock, Prairie Edge Thrift Shop, Patty Holloway, \$7; Arrowhead Plant in White Basket, Robert Wilcox, Larry Lipmann, \$10.

Gold Necklace w/Angel, Robert & Maxine Griffith, Kate Spalinger, \$5; Gold Necklace, Robert & Maxine Griffith, Lucille Kretschmar, \$7; Gold Necklace w/Angel, Robert & Maxine Griffith, Jane Lu Meldahl, \$10; Squirrel Feeder, Vic Corman, Elbert Whorton, \$27; 2003 Texas Capitol Ornament, Robby & Mary Kay Cook, Vicki Powers, \$28.

1999 Millennium Silver Dollar (Uncirculated), Wallis State Bank, Vicki Powers, \$33; Set of 1999 First 5 State Quarters, Wallis State Bank, Diane Tucker, \$50; One month membership, Eagle Lake Rehab, Fair Wells, \$15; Gingerbread Horse, Rita Bowmen, Mary Lou Anderson, \$15; One month membership, Eagle Lake Rehab, Nita Isler, \$8.

Main Auction

Golden Tin Garden Angel donated by Phyllis & John Pscenik, Robby Cook, \$35; 2-Ton Hydraulic Floor Jack, S&W Parts, Jim Wood, Dan Gertson, \$50; Barbecued Ham (to be ordered), Austin's BBQ, Ron & Denise Janow, George Cason, \$50; 4 Houston Astros Tickets, Becky & Mark Anderson, Linda Balas, \$225.

Texas Red Cedar Quilt Rack, Robert & Laura Finney, Julia Lawhon, \$40; 4 Rockets Tickets, Russell Spalinger, Protrac Inc., Jeff Fmka, \$175; 19" Sylvania Television, Kate & Charlie Spalinger, Ralph Truly, \$100; Homemade pralines, Jackie Middleton, Dorothy Cassidy, \$150; Child's Riding Case-IH Tractor, Joe Hlavinka, East Bernard, Vicki Powers, \$150; \$50 Gift Certificate, Wal Mart, Columbus, Dina Marie Kohleffel, \$75.

Live Tree (Leyland Cypress), Charles Glueck, Barbara Struss, \$300; "Bluebonnets" Oil Print by B. Herd, Betty & Bob Wilcox, Jeff Fmka, \$60; "Brighton" Ladies Sunglasses, Twin Sisters, Bellville, Mark Anderson, \$60; Fishing Trip on the coast for 2, Ernie Rodgers, Richard Lewis, \$250.

Gourmet Dinner for 8 (in memory of Dr. Raymond Thomas), Elfe Thomas, Robin & Russell Thomas, Bret & Julia Pardue, Eliot Tucker, \$100.

DOOR PRIZE: Bob Wilcox. Mammogram, Rice Medical Center,

Continued from Page 3

Margo Harrison, \$150; 16" Huffy Bicycle, Fair Wells, Denise Janow, \$55; Box of Rib Eyes, etc.; Vince's Market, East Bernard, Tamra Black, \$110; Oil Change, Wash & Detailing, Michael's Quick Lube, Michael Duarte, Harry Anderson, \$200.

Life-size Woodland Santa, fashioned and donated by Bobbe & Art Guerra, Betty & Richard Lewis, \$650 (donated back to Study Club, re-auctioned to First National Bank, \$500); 4 Houston Rodeo Tickets, Judi Johnson, Darrell Anderson, \$400; White Ceramic Christmas Tree w/Candles, Elaine Hickey, Furniture Shoppe, \$170; G. Harvey Print on Canvas of Old Ft. Worth, Struss Auto, Sidney & Barbara Struss, Bernice Bornstein, \$250; 4 Houston Astros Tickets, Mary Lou & Arthur Anderson, Rusty Spalinger, \$325.

Bridge Luncheon for 12, Joan Matthews, Lissie Flying Service, \$1,000; 2-Night Stay, "The Pot Belly Stove Cottage" in Fredericksburg, Heidi & Buddy Mills, Mary Kay Cook, \$325; Internet Service for 3 Months, ELC, Ralph Gertson, George Cason, \$60; Folk Art Birdhouse, George Causey, Arthur Anderson, \$225.

\$50 Certificate to Poody's Restaurant, Edward Jones Co., Gary & Russell Braun, Fair Wells, \$75; \$100 Toward Duck Mount, B&S Bird Taxidermy, Bobby Wied, Dorothy Kohleffel, \$100.

DOOR PRIZE: Diane Tucker. German Chocolate Cake, TZ's Catering, Wendy Herman, Eliot Tucker, \$100; Progressive Luncheon & Cards for 12, Anna Lee Higgins & Beverly Taylor, Cherry Corman, \$1,200; DVD & VCR combo, Radio Shack, Steve & Linda Balas, Elbert Whorton, \$300; Clock, Elaine & Orson Hess, Furniture Shoppe, \$100.

Large Basket w/Grey Goose Vodka, 2 Martini Glasses & Shaker, Cindy's Spirits, Cindy Riehs, Elbert Whorton, \$150; Deer from the Grey Rock Collection, Alice & Henry Sunderman, Cal Birdsal, \$75; Stained Glass Cross, Susan Hadley, Mary Kay Cook, \$40; Stained Glass Hummingbird Hanging, Dwight Hadley, Bob Wilcox, \$120; Wildlife Lamp, Furniture Shoppe, Melvin & Darrell Stancik, Mike Lawhon, \$60;

Shelled Pecans, George & Margie Cason, Bill Harrison Sr., \$120; Wreath, Laura & John Myres, Evelyn Thomas, \$70; 3-Piece Ceramic Train Set (Christmas), Xi Pi Psi Sorority, Ernie Sommerlatte, \$110; Batch of Cookies Each Month for 1 Year, Christine Herman Owen, First National Bank, \$450; Gift Box, Kovasovic's Meat Market, Virginia Reed, \$200; Large Silk Arrangement, Creative Expressions, Anna Gertson, Laura Myres, \$210.

DOOR PRIZE: Rosie Whitfield. Large Basket of Mary Kay Products, Linda Balas & Sherri Gould, Theresa Henry, \$175; "Black Labs" Oil Painting, Old Town Antiques, Nancy Walker, Christine Herman, \$60; Pot Plant, Alpha Delta Phi, Bob Wilcox, \$60;

Half-page Ad in Newspaper, Eagle Lake Headlight, First National Bank, \$150; "Indian" Print by Frank C. McCarthy, Esta & Larry Lippman, Dr. John Myres, \$100; Metal Art on Glass, Joe Duncan, Tee-Us Pro Shop, \$50; 6-Gallon Shop Vacuum, Lake Lumber, Arthur Anderson, \$175.

Custom Web Site Design, Meldahl Associates, Jane & Dave Meldahl, Thurston Webb, \$50; Fish Fry for 30 People, Jane Lu Meldahl, Vance Corman and Diane Tuckers, \$750; A Christmas Surprise, Connie & Willard Lange, Lonnie Sommerlatte, \$50; Tall Wooden Plant Stand, Marshall Holloway, Phyllis Pscenik, \$80.

DOOR PRIZE: Betty Lewis.

Remembering William N. Foster

Number Eight in a series in remembrance of our World War II dead by Joe C. Fling

Beneath two huge oak trees beside the Lehrer Memorial United Methodist Church in Garwood are two granite memorial stones.

The stones were placed there in honor of two Garwood Methodist boys who gave their lives in service to their country in World War II. Both are buried elsewhere.

One of these stones is in memory of Norman Lanier who we will remember in Oct. 2004. The other stone is in memory of Bill Foster, who died 60 years ago in service to his country.

William Newton "Bill" Foster was born June 17, 1917, near Vanderbilt in Jackson County. His parents were Mr. and Mrs. F.R. Foster.

His family moved to Garwood in 1932 where he graduated from high school in 1935. He became a member of the Garwood Methodist Church, having joined the Methodist faith when he was 10 years old.

Foster was employed as a civil engineer. His family were farmer-ranchers.

Hundreds and hundreds of men from Colorado County were inducted into the U.S. Army in the spring and summer of 1942. Foster went into the Army on May 18, 1942 and joined the Army Air Corps.

He trained at Sheppard Field and earned his "silver wings" at Ft. Meyers, Florida. Foster had received a wide range of training including aerial gunner, mechanic and machinist. He was

shipped overseas in Sept. 1943.

The American and British Armies had pushed the Nazi Germans out of North Africa by way of Tunisia in May 1943; and, from that time forward, bases in Libya, Egypt and Algeria were vital platforms for the Army Air Corps bombing campaign against Italy, Southern France and the Balkans, including the vital oil refineries at Ploesti, Romania.

Foster had attained the rank of staff sergeant and served in the 310th Bombardment Group, 47th Bomber Wing out of North Africa.

He was reported killed in an air crash only two months later on November 14, 1943, near Tobruk, Libya.

Original reports speculated that he was on a mission over the Mediterranean when he lost his life. However, after the war was over in Jan. 1946, the War Department listed his death as "non-battle" which would tend to indicate some accident or a flight that was not combat related.

One of the stark realities of war was that death could be stunningly quick. Foster trained for 16 months at several bases and died in less than two months overseas.

I can recall, when I was younger, my father Curtis Fling who was good friends with Foster, would muse over how quick the news of his death came back to Garwood, "Bill barely got off the ship," he would frequently say.

It is interesting to also note that, until the invasion of France in 1944, almost all American prisoners of war held by the Germans were downed air-

men. When it was discovered that the German prisoner system treated officers far better than they treated enlisted men, the decision was made that all aircrews would be made up of exclusively of officers (including sergeants who were considered non-commissioned officers).

Other Colorado County airmen afforded this rank who were killed in action included Almous New, Jesse P. Yanez, Fred E. Estlinbaum, Edward H. Bubolz Jr. and Leonard F. Maxwell.

For a full and informative discussion of life in the North African and Italian U.S. bomber bases, and the intense training that these men went through, including the kinds of personalities which seemed to gravitate to the Air Corps, I recommend the late Stephen Ambrose's *The Wild Blue: The story of the men and boys who flew the B-24's*.

Foster was survived by his parents and an uncle, D.E. Foster of Columbus. After the war, the family brought his body back for burial in Bay City, where he lies buried beside a younger sister, Lucille, who died in 1920.

A funeral service was held June 23, 1949 in the Garwood Methodist Church with Rev. Calvin Froehner officiating.

Alma Dale Pinchback played piano. The pallbearers were all Garwood veterans: Sgt. Clyde Muesse, S/Sgt. Carl Smith, T-Sgt. Melvin Schiurring, Sgt. Melvin Reese and Capt. Ted Danklefs. Foster was memorialized by a simple marker in Bay City and the more elaborate stone at the Garwood church.

CLUB & ORGANIZATION NEWS

Columbus Christian Women

Columbus Christian Women's Organization will begin selling tickets for their Christmas Tree Raffle Thursday, Nov. 6. Members are also busy making items for their Country Store to be held in conjunction with *Christmas on the Colorado*. Proceeds from the raffle and store will again benefit Youth and Family Service, notes Jean Crella, president of the ecumenical group which is comprised of over 90 members from throughout Colorado County. The Columbus Wal-Mart and Weimer's Hill Bank are tree sponsors of the 6-1/2 foot, self lighted tree known as "The Homespun Texas Tree".

Some 20 members have worked for several weeks creating ornaments to adorn the tree which was designed by local artist, Mary Richter, and coordinated by her committee co-chair, Jo Churchill. Tickets will be available from CCW members, at Heinsohn's Store in Frelsburg, Corner Drug Store and the Columbus Convention & Visitors Bureau office in the Opera House. The winning ticket will be drawn Saturday, Dec. 6, at 4 p.m. at St. John's Episcopal Annex, the site of CCW's Country Store. The Country Store will be open from 10 to 5. Laura Hastedt and Sue Evans are also coordinating a silent auction for bidding along with the items for sale.

Visitors to the well-stocked Christmas store will be able to purchase unique gifts and decorative items for the home, homemade jams, jellies, baked goods and much more. CCW Country Store Chairs Lynne Bigelow, Lois Braden and Barbara Graham report CCE members are responding with their unusual enthusiasm. All the items have been donated by CCW members and local merchants.

CCW is dedicated to the betterment of its communities through Christian service with a focus on our youth. While 100% of the funds raised at this store and silent auction will go to the Youth and Family Services, the organization also responds to other community needs, the Ministerial Alliance Food Pantry, the Rainbow Room of

Children's Protective Service, the hospitals and retirement centers and elementary school emergency clothes closet, to name a few.

For after school programs, a teacher is hired to supervise volunteers (in most cases, honor students from higher grades) and to work with the students. The kids are helped with their homework, given a healthy snack and time on the playground.

Schools can be added to the program as funds are available. Youth and Family Services receives money for its after school and other programs from personal donations and private foundations. This is just one of many effective programs YFS offers to socially prop up the families in our communities. Other programs funded in part by state grants include: counseling for substance abuse and family issues, substance abuse prevention programs and counseling for youth.

The YFS mission is to interact where kids are at risk and/or families have become dysfunctional. This includes substance abuse counseling in the schools and work place — both preventive and to address an existing problem; emergency response to law enforcement and parole agencies; work within the Colorado County Juvenile Facility and jails and extending to families affected by an incarcerated relative, etc.

Chamber of Commerce

By Barbara Class

The guest speaker for the Oct. Eagle Lake Chamber of Commerce Lunch Forum was Dr. Ray Cantu, D.O. (Doctor of Osteopathy). This means he has had additional training in manipulation and herbal medicine as well as traditional training in family medicine. Dr. Cantu attended Michigan State College of Osteopathy which is rated #4 in family medicine by U.S. News and World Report.

Dr. Cantu said he will discuss any medical condition with organizations such as diabetes, high cholesterol, sexual dysfunctions in men and women, etc. He also spoke about the flu shot and how it contains the current strain of virus but not the West Nile Virus. A virus is not affected by antibiotics, he emphasized. Flu shots are recommended for all ages once a year. The flu shot may be taken twice a year.

Another topic was name brand vs. generic medication. Dr. Cantu said the government regulates the ingredients of medication. A generic medication has to be chemically equivalent to the name brand. The color or the vehicle component which carries the main ingredients into the blood stream may be different but will remain equivalent. He explained a Zolof commercial that stated side effects were like placebos meaning documentation of side effects were probably a coincidence but had to be documented as an actual side effect.

Xi Pi Psi Sorority

Xi Pi Psi Sorority met in the home of Connie Lange Tuesday, Nov. 4. Diana Brunner, president, called the meeting to order with the roll call by Dortha Kingsley.

The outing to Carol's Restaurant in New Ulm on Oct. 23 was reported. The group met at Lange's and husbands and members motored to New Ulm in the

This is something to think about, since America is typically represented by an eagle. Saddam should have read up on his Muslim passages. The following verse is from the Quran (the Islamic Bible)

Quran (9:11) "For it is written that a son of Arabia would awaken a fearsome eagle. The wrath of the eagle would be felt throughout the lands of Allah and lo, while some of the people trembled in despair still more rejoiced; for the wrath of the eagle cleansed the lands of Allah; and there was peace."

Note the verse number!!!!

Lange's motor home.

Under new business, the sorority voted to send money to The Texas Department of Human Resources. This enables them to help the disabled and needy.

Members were reminded of Alpha Delta Phi's silent auction to be held at Tanya Wiese's Nov. 15.

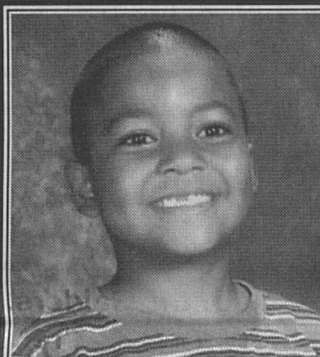
Christmas ornaments were exchanged with Secret Sisters.

Cleanup on the adopted spot for Nov. will be Jon Ann Gertson, Jean Williams and Ernie Sommerlatte.

Glenda Blair was elected Rosebud girl.

Lange presented the program on the history of Christmas ornaments. It was very interesting. This was very fitting because of the Christmas ornament exchange.

The meeting closed with Mizpah. Delicious refreshments were served



Happy 7th Birthday
Ryan
Nov. 11
Love,
The Almanza & Shorter Families



Foot Facts
By Dr. Eric Tepper, Podiatrist
AVOIDING HEEL PAIN
Heel pain is the most common condition that leads patients to podiatrists. Pregnancy, improper shoes, and overly strenuous exercise are some of the factors that may contribute to heel pain. Any heel pain that persists for more than 30 days should be evaluated by a podiatrist. To avoid heel pain, always consult a podiatrist before beginning an exercise program, especially if you have been inactive for a long time. Start any exercise program with moderation, gradually increasing the duration and intensity of workouts. Always stretch before and after exercise, including the feet, calves, and Achilles tendon. Vary the incline on a treadmill to avoid heel strain. Maintain properly fitting shoes in good condition, wearing appropriate shoes for various activities.
When your feet cause you pain, there are many steps you can take to get relief. The first, and probably most important, is a visit to the podiatrist. If heel pain or any other foot problems have got you down, let us do what we do best - diagnose and treat the problem so you're back on your feet quickly and painlessly. Located at Rice Medical Center, we are now accepting new patients for complete podiatric care. Please call us at 234-5571 for a Tuesday appointment.
P. S. Pain should not be a part of an exercise program, so stop if it hurts.

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Exercise Caution When Taking OTC Drugs

Taking an over-the-counter (OTC) medicine is usually beneficial. However, some OTC products are powerful drugs that need to be monitored by your doctor and pharmacist. Americans now purchase more than 5 billion nonprescription drugs each year. The number is expected to rise as more prescription medications are converted to OTC status. Surprisingly almost 180,000 hospitalizations each year in the US are associated with the use or misuse of nonprescription drugs. Almost half of adults recently surveyed admitted that they had taken more than the recommended OTC dose. Check with your pharmacist before taking OTC drugs along with prescription drugs or taking any drug when consuming alcohol.

Over-the-counter pain relievers can present challenging problems. For example, *Tylenol PM* is taken by a lot of seniors to help them sleep. However, this product contains another ingredient called *diphenhydramine* that can cause confusion in the elderly, especially those with Alzheimer's. In addition, many of the OTC decongestants and cold medicines can cause a significant and undesirable elevation in those with high blood pressure.

Views On Dental Health
TOOTH BLEACHING
A tooth with a damaged pulp may become discolored, usually from iron in the blood that has leaked. It usually occurs from trauma to the tooth, and it may be the first sign that the pulp has been damaged. The discoloration problem may usually be solved by internally bleaching the crown.
It is important to note that all discolored teeth are not "dead". Sometimes the pulp may recover completely after some trauma and leave a healthy and yet discolored tooth. When pulp therapy is completed, your dentist introduces a bleaching solution internally in the tooth. More than one visit may be necessary and between visits a milder bleach is sealed in the tooth. When a satisfactory degree of lightening has been achieved, a tooth colored filling will be inserted to seal the chamber. Although generally successful, bleaching doesn't always remove all stains. Other techniques such as jackets, bonding or veneering may then be used.
Presented as a public service to promote better dental health. From the office of JOHN B. MYRES, D.D.S., 700 S. McCarty Avenue, Eagle Lake, 234-3525.

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